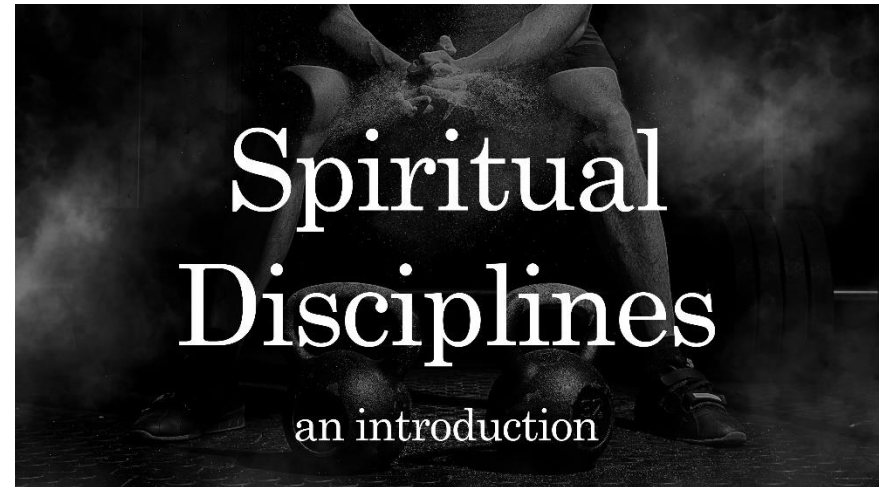


From Merriam-Webster ...

Spiritual: of, relating to, consisting of, or affecting the spirit:
incorporeal

Discipline: training that corrects, molds, or perfects the mental
faculties or moral character

Spiritual Discipline: training (practice) that molds my spiritual
nature



**Today's Sermon:
Spiritual Disciplines
Discerning Good and Evil**

Speaking: Chad Lawall

25 September 2022



Spiritual Disciplines

Discerning Good and Evil

¹¹We have much to say about this, but it is hard to make it clear to you because you no longer try to understand. ¹²In fact, though by this time you ought to be teacher, you need someone to teach you the elementary truths of God's word all over again. You need milk, not solid food! ¹³Anyone who lives on milk, being still an infant, is not acquainted with the teaching about righteousness. ¹⁴But solid food is for the mature who by constant use have trained themselves to distinguish good from evil.

Hebrews 5:11-14

How do we get there?

- Overcome _____
- Crave _____ food
- _____ to _____
- Discern _____ from _____