

A photograph of a forest path in autumn. The trees are covered in vibrant yellow and orange leaves. Sunlight filters through the canopy, creating a bright, glowing effect in the upper right quadrant. The path is covered in fallen leaves and leads into the distance.

*Prayer*

*Seeking His Face*

*a Spiritual Disciplines series*

*A Practical Approach*  
*(using Psalm 23 NIV)*

*Prayer*  
Seeking His Face

# *A Practical Approach*

<sup>1</sup>The LORD is my shepherd, I lack nothing.

# *A Practical Approach*

<sup>2</sup>He makes me lie down in green pastures,  
he leads me beside quiet waters,  
<sup>3</sup>he refreshes my soul.

# *A Practical Approach*

He guides me along the right paths  
for his name's sake.

# *A Practical Approach*

<sup>4</sup>Even though I walk  
through the darkest valley,  
I will fear no evil,

# *A Practical Approach*

for you are with me;  
your rod and your staff,  
they comfort me.

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# *A Practical Approach*

<sup>5</sup>You prepare a table before me  
in the presence of my enemies.



# *A Practical Approach*

You anoint my head with oil;  
my cup overflows.

# *A Practical Approach*

<sup>6</sup>Surely your goodness and love will follow me  
all the days of my life,

# *A Practical Approach*

and I will dwell in the house of the LORD  
forever.

# *A Practical Approach*

Psalm 19

Psalm 139

1 Thessalonians 5:16-18

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