God Is Our Shield: Faith in the Storm

"The Lord is my strength and my shield; my heart trusts in him, and he helps me." – Psalm 28:7

I. God's Sovereignty in the Chaos

In life, I learned that God isn't just sovereign over big events, but even over the steps of my feet.

Key Verses:

- Genesis 15:1
- Proverbs 30:5

II. God's Presence in Our Deepest Pain

When we lose someone, all we have to cling to are the promises of God. They aren't just words—they are the only thing that remain unshaken in darkness.

- Psalm 3:3
- Psalm 28:7
- Psalm 119:114

III. Jesus Intercedes for Us Jesus didn't pray that Peter would escape the trial—but that his faith would not fail.

Luke 22:31–32

IV. Faith in the Storm

When you're drowning in life's storms, it matters who is on the other end of the rope.

Jesus doesn't throw the rope from shore—He dives into the storm to rescue you.

Matthew 4:4

Weekly Challenge: Standing on God's Promises

- Daily Challenge: Each day this week, meditate on one promise of God.
- Write it. Say it. Stand on it.

Suggested Promises:

"God is my refuge and shield." – Psalm 119:114

"The Lord is close to the brokenhearted." – Psalm 34:18

"I will never leave you nor forsake you." – Hebrews 13:5

Closing Personal Reflection

What storm am I facing, and how can I trust God as my shield in it?