

FRUIT OF THE

*Spirit*

LOVE



*joy* goodness  
peace faithfulness  
gentleness  
patience kindness  
self-control

# Not My Fruit

(Galatians 5:16-26 NASB)

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## The Conflict

<sup>16</sup>But I say, walk by the Spirit, and you will not carry out the desire of the flesh. <sup>17</sup>For the desire of the flesh is against the Spirit, and the Spirit against the flesh;

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# The Conflict

for these are in opposition to one another, in order to keep you from doing whatever you want. <sup>18</sup>But if you are led by the Spirit, you are not under the Law.

# Not My Fruit

# Trying Harder

<sup>19</sup>Now the deeds of the flesh are evident, which are: sexual immorality, impurity, indecent behavior, <sup>20</sup>idolatry, witchcraft, hostilities, strife, jealousy, outbursts of anger, selfish ambition, dissensions, factions, <sup>21</sup>envy, drunkenness, carousing, and things like these, ...

# Not My Fruit

# Trying Harder

... of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

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# Submitting More

<sup>22</sup>But the fruit of the Spirit is love, joy, peace,  
patience, kindness, goodness, faithfulness,  
<sup>23</sup>gentleness, self-control; against such  
things there is no law.

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# Submitting More

<sup>24</sup>Now those who belong to Christ Jesus crucified the flesh with its passions and desires. <sup>25</sup>If we live by the Spirit, let's follow the Spirit as well. <sup>26</sup>Let's not become boastful, challenging one another, envying one another.

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# Quench Or Fill

Do not quench the Spirit.  
(1 Thessalonians 5:19 NASB)



# Not My Fruit

# Quench Or Fill

They were all filled with the Holy Spirit and began to speak with different tongues, as the Spirit was giving them the ability to speak out.  
(Acts 2:4 NASB)

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**Exhale** — Confess your sin — agree with God concerning your sin and thank Him for His forgiveness of it, according to 1 John 1:9 and Hebrews 10:1-25. Confession involves repentance — a change in attitude and action.

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# Spiritual Breathing

**Inhale** — Surrender the control of your life to Christ and receive the fullness of the Holy Spirit by faith. Trust that He now directs and empowers you according to the command of Ephesians 5:18 and the promise of 1 John 5:14-15.

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